Good practices in HEPA

NAME OF THE ACTIVITY
MOVEment Spaces

LEADING ORGANISATION
International Sport and Culture Association (ISCA)

COUNTRY
Danmark

HEPA-RELATED TOPIC
Promoting HEPA in public spaces

TYPE OF ACTIVITY
Collection of good practices, online learning, award

TARGET GROUP
Cities and grassroots sport organisations

OBJECTIVES
To many citizens, today’s cities can feel like hostile environments where high-rise buildings, cars, concrete and fences stand as barriers to exercising outdoors and feeling safe when doing so. MOVEment Spaces aimed to promote more innovative city design to allow people to be more active in urban spaces. The overarching objective was to build the capacities of cities and NGOs to work together to carry out urban space physical activity initiatives.

ACTIVITIES
The two-year project brought together five European cities (Barcelona, Birmingham, Paris, Wroclaw and Plovdiv), five NGOs and experts to collect, share and implement good practices that encourage participation in physical activity in urban settings. The project partners drew on their experiences to show how active spaces can be created – even in busy and densely populated cities like Paris and Birmingham. During the project, they built the knowledge base and developed an online learning platform to help other cities and organisations working in this area to learn more and take action in partnership. The project focused on three urban areas: parks and green spaces, public squares and open water facilities.

RESULTS / EVALUATION
Four exemplary partnerships who transformed “green”, “black” and “blue” urban spaces into active spaces received ISCA Awards for MOVEment Spaces at the Moving People – Moving Europe seminar in Paris, having been selected from 35 best practices submitted for consideration by the international jury of architecture and sports facility experts. The online learning course is available on learn.isca.org.

WEBSITE
www.movementspaces.isca.org

RESOURCES
www.movementspaces.isca.org/tools

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